

Galway Senior T&F Series

Contributed by Paul McNamara
Wednesday, 02 May 2007
Last Updated Wednesday, 02 May 2007

If you're based in the west and you're looking for opportunities to compete in Track & Field on a regular basis than we have great news for you.

The Galway Co. Board has restructured it's Senior Track & Field Championships and has made it into a 3 day open series commencing on Thursday May 10th. This is an excellent opportunity for some low-key early season competition.

Entries are invited from all athletes aged 16 and over. Athletes from outside Galway are strongly encouraged and very welcome. Masters category also.

Entries in advance by email to paul@athleticsireland.ie. Entry is €5 per event (€10 per relay team) with payment on the night. Pre-entry is strongly encouraged but entries will be accepted on the night. For enquiries contact Paul McNamara at 0872693675.

Day 1 - May 10th @ 7pm

Track
100m
800m
Distance Medley Relay (legs of 1200m, 400m, 800m, 1600m)
Field
Shot Putt
Long Jump

Day 2 - May 24th @ 8pm

Track
200m
1500m
4x400
Field
Javelin

Day 3 - May 31st @ 7pm

Track
100m/110m hurdles
400m
3000m/5000m
4x100
Field
High Jump
Discus